



# MIDDLE SCHOOL CROSS COUNTRY MEETS

<b>DATE</b>	<b>LOCATION</b>
<b>September 17</b>	<b>Braddock Relays, Lake Braddock High School</b>
<b>October 1</b>	<b>Covenant Life Meet in Gaithersburg, MD</b>
<b>October 14</b>	<b>FHS Invitational at Burke Lake Park</b>
<b>October 22</b>	<b>Skip Grant invitational in Durwood, MD</b>
<b>November 5</b>	<b>NVIAC Conference Meet</b>

