

**FAMILY LESSONS ON  
THE WEAPONS OF POWER**

**Based on 2 Corinthians 10:4-5**

**Stephen E. Danish, Administrator**

**Immanuel Christian School – Springfield, Virginia**

**LESSON #1**

**BATTLE-READY FOR LIFE**

**“The weapons we fight with are not the weapons of the world.  
On the contrary, they have divine power to demolish strongholds.  
We demolish arguments and every pretension that sets itself up  
against the knowledge of God, and we take captive  
every thought to make it obedient to Christ.”**

*2 Corinthians 10:4-5 (NIV84)*

Many years ago, when I was in elementary school, my brother and I discovered a large green trunk in the attic. When we opened it we found my father’s old military uniform from World War II. There wasn’t much in that trunk we could use, but there were a few items of interest. There were two lieutenant caps. My father let us borrow these whenever we went to the large field behind our house to “play army.” Crawling through the tall grass, with our lieutenant caps, we pretended we were soldiers at war, fighting against a powerful enemy. But there was another object in that trunk that caught our attention. It was the canteen belt with special pockets for ammo, first aid and other gear. We fought over who would wear that belt, because without it, we were just a couple of kids in blue jeans, t-shirts and lieutenant caps. But when we put on that belt it changed everything. Somehow it made us equipped, prepared, ready for battle.

Do you remember how the Apostle Paul described the full armor of God in Ephesians chapter 6? There was the shield of faith, the breastplate of righteousness, the helmet of salvation, and the sword of the Spirit. Do you remember the first item on the list, the first piece of battle equipment Paul described? It was the belt of truth. I believe it is significant that this is where Paul began to describe our preparation for spiritual warfare. When you think about it, all the other armor and weaponry depend upon it. Righteousness, faith, salvation, the Word of God, and the Gospel all connect to and depend upon the truth. When a soldier goes into battle, he is trained and equipped in all the tools and skills of war. But it is not until he puts on his utility belt that he is fully ready for battle. If he ran into battle without it, he would not be fully ready, it could be dangerous, and he might even lose the battle. That is what the belt of truth is all about. It is a picture of readiness. We cannot have the weapons of power in this life unless we first put on the belt of truth.

Have you ever wondered why the Bible talks so much about weapons and warfare? Because even though you cannot always see it with your eyes, there is a war that surrounds us. The enemy in that war has one main target, our heart. And the primary weapon he uses against us is his lies. The belt of truth is where we must begin to fight that enemy. I wish I could say that this war will end soon. But I can’t. It will last as long as we live on this earth. The most important thing to do when we are young is learn to take care of our heart, to prepare it for spiritual battle. God says our heart is the most important thing in the world for us to protect (Proverbs 4:23). Every time we take hold of the truth and reject a lie, we are guarding our heart. We are preparing ourselves like soldiers, making ourselves ready for hard battles that lie ahead.

*See what Paul said about the weapons of our warfare (Ephesians 6:11-17).*

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